

Anthony Thrower

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E-mail: hello@anthonythrower.co.uk

Web Portfolio - www.anthonythrower.co.uk

Personal Statement

I consider myself to be an excellent team player but am able to work efficiently on my own. I'm hardworking, motivated and happy to learn new skills. I'm enthusiastic, honest and very reliable.

Education

The Channel School, Folkestone, Kent.

GCSE's 1998

9 GCSE passes.

Qualifications



CIW Associate

City and Guilds E-quals 7 Level 2 – Word Processing.

City and Guilds E-quals 7 Level 2 – Excel.

Employment

April 2009 – Present, South Kent College

Distribution Assistant (Part Time)

My current duties are to work as part of the marketing and communications team to ensure ongoing and regular distribution of college marketing and promotional materials both within the organization and to key locations within the east Kent area in order to raise awareness of the college.

Employment continued...

Aug 1999 – Jan 2009, Turks Removals, Lydd, TN29 9BX

Van Driver/Porter

My duties included, packing and unpacking of household items, loading and unloading of household goods, completing paperwork, carrying out daily vehicle checks, delivery and assembly of new furniture, assisting customers and dealing with their requests and queries. Team work is an essential part of the job.

June 1999 – Aug 1999, PETSMART, Folkestone.

Livestock Assistant

My duties included, serving customers and answering any queries they may have had regarding livestock. Handling and the welfare of all livestock in the store and maintaining a clean environment.

Interests

Out of work I enjoy lots of different activities such as socializing with friends, travelling and skiing. I play football Wednesday evenings, I also play other sports such as badminton as well as going to the gym, and keeping fit.

Skills

- **Computing**

Operating systems – Windows XP, Vista.

Languages – HTML, XHTML, CSS.

Software – Basic Dreamweaver CS3, Basic Photoshop CS3, Basic Fireworks.

Basic networking and hardware upgrades.

- **Driving**

Full UK driving license.

Own Transport.

- **Certificates**

I have a certificate for Export Packing Techniques which I obtained after a two day training course through my current employment.

References

Simon Bowen
Head of Marketing
South Kent College
Shorncliffe Road
Folkestone
Kent
CT20 2TZ

Mr. Anthony Groves
DC Groves & Sons
Unit 2/3 Tenterden Station Estate
Station Road
Tenterden
Kent
TN30 6HE

Mr. Andrew Bourne
Turks Removals
Park Street
Lydd
Kent